



St. Francis De Sales Parish BULLETIN



4 FEBRUARY 2024

Roman Catholic Parish
HIGH RIVER - VULCAN, AB



Office

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LORD'S DAY MASSES

Saturday 5:00 pm – High River
Sunday 9:00 am – Vulcan
Sunday 11:00 am – High River

CONFESSIONS

Monday – Saturday: 45 minutes before Masses

V SUNDAY IN ORDINARY TIME



Fifth Sunday in Ordinary Time

February 4, 2024



Sunday Readings

First Reading: (Job 7: 1-4, 6-7) In today's First Reading, Job describes the futility of life before Christ. His lament reminds us of the curse of toil and death placed upon Adam following his original sin (see [Genesis 3:17-19](#)). Men and women are like slaves seeking shade, unable to find rest. Their lives are like the wind that comes and goes.

Second Reading: (1 Corinthians 9:16-19, 22-23) Our lives must be our thanksgiving, as Paul describes in today's Epistle. We must tell everyone the good news, the purpose for which Jesus has come—that others, too, may have a share in this salvation.

Gospel: (Mark 1:29-39) Notice all the words of totality and completeness in the Gospel. The whole town gathers; all the sick are brought to Him. He drives out demons in the whole of Galilee. Everyone is looking for Christ.

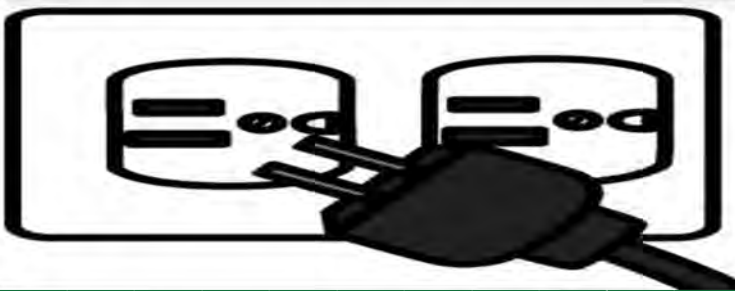
<https://stpaulcenter.com/reflections> for more info.

ARE YOU PLUGGED IN?

There was a news clip, which appeared in the papers after a blackout in one city. I don't know if it was a misprint, a mistake or if it was true. It said,

“During the power failure many people complained of having gotten stuck for hours on escalators. We can't go through our every day life with Jesus or God switched off. We won't make it. There won't be any power for living. We'll be stuck on the escalator of life, bewildered. We need to spend time in prayer. Prayer is our connection to the source of power in life, God, Jesus knew that. And if Jesus, the Son of God, needed to refuel, to reconnect, to plug in and recharge, what makes us think that we can get along without it?”

You and I have a source of power and energy just waiting to be tapped. And all you have to do is plug in.



The K of C 9521 February meeting will be on **Monday Feb. 5, 2024, 7:00 pm** in the St. Francis de Sales Church hall.



The High River Pro Life meeting will be on **February 5, 2024, at 7:00 pm** at the church. **All are welcome!**



“As soon as I believed there was a God, I understood I could do

nothing else but live for him. My religious vocation dates from the same moment as my faith: God is great. There

Ash Wednesday

Please join us on **Feb. 14, 2024** for the **Ash Wednesday** masses.



The times are as follows:
9:00 am—SFDS High River
5:00 pm—St. Andrew's Vulcan
7:00 pm SFDS High River
All are welcome!

World Day for Consecrated Life - Feb. 2

World Day for Consecrated Life will be celebrated in the Church on Friday, February 2, 2024, and in parishes over the weekend of February 3-4, 2024. Please pray for all those who have made commitments to consecrated life, and be sure to thank them on their special day. May they continue to be inspired by Jesus Christ and respond generously to God's gift of their vocation.

Prayer Cards are available in the church hall.



The Consecrated Life, deeply rooted in the example and teaching of Christ the Lord, is a gift of God the Father to his Church through the Holy Spirit.
—St. John Paul II: Vita Consecrata 1

PRAYER FOR CONSECRATED LIFE IN OUR DIOCESE

O God our Father, Lord of the harvest, we ask You to send Your Holy Spirit to stir up the grace of Consecrated life vocations in the hearts of many within our parish community. Grant them the willingness and generosity to place their lives completely in Your hands as Religious priests, brothers and sisters, and consecrated virgins. Help us to support them by our own fidelity to Your call to holiness through prayer and Christian service. When You desire that members of our family and friends follow Your Son in this way, grant us the wisdom, love, and insight to support and encourage them to listen to Your voice and follow You without delay.

We ask this in Jesus' Name. Amen.



Congratulations!



St. Andrew's CWL Service Pins Awarded

On Sunday Jan. 28th St. Andrew's Parish Council celebrated 11 members who have given of their time and talent to help their Sisters in the League and our Parish community.

Service pins were presented to:

Margaret Shaw- **75 years**,
Virginia Haahr- **55 years**,
Millie Bagozzi and Doris Cranston-
50 years,
Michelle Scott- **20 years**,
Lynn Kreke, Agnese Pasoli and
Debbie Piazza- **10 years**,
Gerrie Anderson, Emilia Mowat and
Carol Seaman- **5 years**.

Submitted by Virginia Haahr,
President St. Andrew's CWL



Congratulations to Margaret Shaw who celebrated her **102nd Birthday** on January 26, 2024.

She has been a member of St. Andrew's CWL for **75 years**.



Confession or Communion to the Homebound

If you are homebound and desiring to receive communion or the Sacrament of Reconciliation, please call the parish office at 403-652-2203 or email Father Marius at dzambel@me.com to request a visit. He will do his best to schedule a visit with you



"The Eucharist is the secret of my day. It gives strength and meaning to all my activities of service to the Church and to the whole world. Let Jesus in the Blessed Sacrament speak to your hearts. It is he who is the true answer of life that you seek. He stays here with us: he is God with us. Seek him without tiring, welcome him without reserve, love him without interruption: today, tomorrow, forever." Saint John Paul II



Sunday Offering

Did you know we now take Donations electronically!

You have the following options:

Direct Debit, Visa, Master Card. We also have E-transfer set up. The email address is

donation@francisdesaleshighriver.com

If you are interested in switching over to one of these payment methods, please call Nancy in the church office at 403-652-2203 or email her at francisdesales@shaw.ca



Adoration

Please join us for our Adoration after the 9:00 am mass on Thursdays, **from 9:45 am—9:00pm**. If you would like to come for an assigned time, please contact Nancy in the office at **403-652-2203** or email her at francisdesales@shaw.ca
All are welcome!

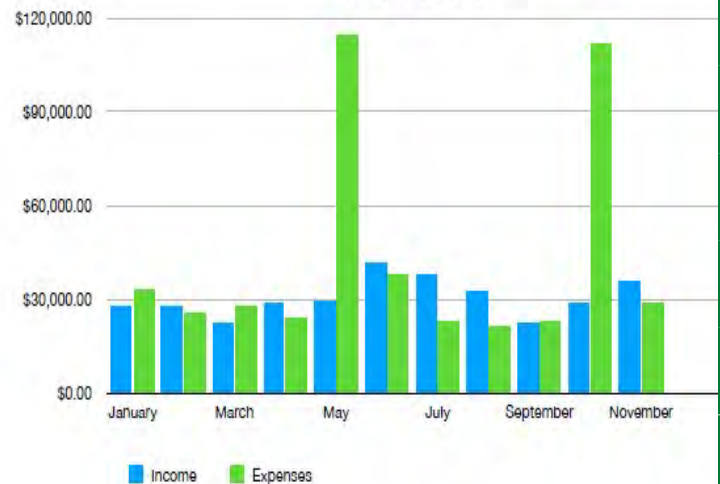
SFDS Financial Report January – November 2023

Monthly Financial Report

Summary by Category

Category	Income	Expenses	Difference
January	\$27,931.28	\$33,080.49	(\$5,149.21)
February	\$27,785.95	\$26,643.40	\$2,142.55
March	\$22,363.90	\$27,738.07	(\$5,374.17)
April	\$29,208.75	\$24,034.67	\$5,174.08
May	\$29,681.00	\$114,563.36	(\$84,872.36)
June	\$41,907.62	\$37,658.43	\$4,249.19
July	\$38,156.05	\$22,963.11	\$15,192.94
August	\$32,085.74	\$21,218.91	\$10,866.83
September	\$22,473.10	\$22,692.55	(\$219.45)
October	\$29,110.60	111,727.93	(\$82,617.33)
November	\$35,395.13	\$29,171.91	\$6,223.22
December	\$0.00	\$0.00	\$0.00
Total	\$336,099.12	470482.83	-134383.71

Income vs. Expenses



SFDS HELPING HANDS

Report for the months of October–December 2023

The St. Francis de Sales Ministry has helped a total number of **14** people for the months of October to December 2023. We paid out a total of **\$7156.89** for bills, rent, or mortgages, as well we gave a total of **\$425.00** in fuel cards, and **\$2425.00** in grocery cards. We were also gifted **\$1500.00** in grocery cards from St. Vincent de Paul in Okotoks, and have given out **\$300.00** of that so far.

The total assistance we have given so far is **\$10,306.89**

It is rewarding to be able to assist these people who are genuinely struggling. The help we give is so appreciated. We try to listen and give help as much as we can as quickly as possible.



A huge **Thank You** to all those who have made a donation to this rewarding ministry.

“For it is
in
giving
that
we
receive.”

~ St. Francis of Assisi



If you are in the hospital, and are **Roman Catholic**, please insure you or a family member contacts Nancy in the Church Office at 403-652-2203. This will ensure that you will be visited by the Priest or Pastoral Care Team.





MASS INTENTIONS

February 1– 29, 2024

February 1	9:15 am	Cathy Nesselbeck †
February 2	9:15 am	Cathie McNelis †
February 3	9:00 am 5:00 pm	Cathy Nesselbeck † Our Parish
February 4	9:00 am—(Vulcan) 11:00 am	St. Andrew's CWL Sisters Haley Bateman
February 5	9:00 am	No Mass
February 6	7:00 pm	Alma Vandenweele †
February 7	6:00 pm	Bereavement Mass
February 8	9:15 am	Rena Morrison
February 9	9:15 am	John & Balida Hoffart †
February 10	9:00 am 5:00 pm	Danny & Mary Rehak † Besse Amores †
February 11	9:00 am—(Vulcan) 11:00 am	John MacDougall † Our Parish
February 12	9:00 am	No Mass
February 13	7:00 pm	SFDS CWL Sisters
February 14	9:00 am 5:00 pm 7:00 pm	Ash Wednesday Mass (HR) Ash Wednesday Mass (Vulcan) Ash Wednesday Mass (HR)
February 15	9:15 am	Wendell & Noelle Hoffart
February 16	9:15 am	Tim McLean †
February 17	9:00 am 5:00 pm	Jacob Fraser Theresa Fallows †
February 18	9:00 am—(Vulcan) 11:00 am	Our Parish Len Hickey †
February 19	9:00 am	George & Antonina Sztuk †
February 20	7:00 pm	Paul & Suzanne Baxter
February 21	3:30 pm—(Seasons HR) 6:00 pm	Geraldine Gervais Godchildren of the Baldwin's
February 22	9:15 am	Hoffart Family †
February 23	9:15 am	Frank Charette †
February 24	9:00 am 5:00 pm	Barb Charette Alejandro & Vilma Zevallos †
February 25	9:00 am—(Vulcan) 11:00 am	Our Parish Richard Rappel †
February 26	9:00 am	Linda Dunstan †
February 27	7:00 pm	Cecilia Bleile †
February 28	4:00 pm—(The Manor) 6:00 pm	Cathy Nesselbeck † George & Antonina Sztuk †
February 29	9:15 am	Godparents of the Baldwin Children



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